

Phase 1		No. of contact hours
Scientific and professional underpinning studies		
Anatomy		150
Health-care studies and other health-care systems		5
ICT skills		2
Principles and philosophy of osteopathy		100
Neurology/neuroscience		32
Peripheral and spinal biomechanics		26
Physiology		140
Biochemistry		60
Nutrition		40
Palpatory skills and diagnosis		40
Psychology/psychosomatics		5
Sociology		8
Research studies		
Research methodology (quantitative and qualitative) including critical analysis		5
Clinical/professional studies		
Applied clinical osteopathy		26
Radiological diagnosis and clinical imaging		6
Orthopaedics and trauma		8
Case-analysis studies		6
Professional practice management		2
Obstetrics and gynaecology		4
Paediatrics and osteopathic care of children		4
Osteopathic technique		150
Osteopathic clinical practice		
Closely supervised osteopathic clinical practice in suitable clinical environment(s)		20
Phase 2		
Scientific and professional underpinning studies		
Anatomy		70
Sociology		16
Health-care studies and other health-care systems		12
Principles and philosophy of osteopathy		50
Neurology/neuroscience		12
Pathology		50
Peripheral and spinal biomechanics		100
Applied physiology		140
Exercise physiology		10
Emergency support skills/first-aid		10
Clinical methods and procedures		60
Palpatory skills and diagnosis		34
Psychology/psychosomatics		10
Research studies		

Research methodology (quantitative and qualitative)	18
Critical analysis	7
Research ethics	4
Clinical/professional studies	
Case-history taking and patient communication	9
Applied clinical osteopathy	20
Differential and clinical diagnosis and clinical problem solving	20
Radiological diagnosis and clinical imaging	20
Orthopaedics and trauma	14
Case-analysis studies	15
Osteopathic evaluation and patient management	38
Professional ethics	6
Osteopathic technique	150
Nutrition & clinical dietetics	6
Osteopathic clinical practice	
Closely supervised osteopathic clinical practice in suitable clinical environment(s)	140
Phase 3	
Scientific and professional underpinning studies	
Anatomy	40
Health-care studies and other health-care systems	8
Pathology	18
Peripheral and spinal biomechanics	100
Pharmacology	20
Principles and philosophy of osteopathy	21
Physiology	6
Neurology/neuroscience	24
Clinical laboratory techniques	4
Palpatory skills and diagnosis	6
Sociology	4
Psychology/psychosomatics	100
Research studies	
Research methodology (quantitative and qualitative) including critical Statistics	36
Critical analysis	10
Dissertation/research paper	100
Clinical/professional studies	
Case-history taking and patient communication	7
Differential and clinical diagnosis and clinical problem solving	100
Professional ethics	6
Radiological diagnosis and clinical imaging	50
Orthopaedics and trauma	60
Paediatrics and osteopathic care of children	100
Osteopathic sports care	20
Case-analysis studies	18
Applied clinical osteopathic technique	150

Ergonomics	10
Osteopathic evaluation and patient management including reflective practice	13
Gynaecology and obstetrics	40
Rheumatology	12
Osteopathic care of the elderly	12
Nutrition & clinical dietetics	6
Osteopathic clinical practice	
Closely supervised osteopathic clinical practice in suitable clinical environment(s)	370
Phase 4	
Scientific and professional underpinning studies	
Anatomy	6
Principles and philosophy of osteopathy	11
Pathology	15
Peripheral and spinal biomechanics	9
Pharmacology	40
Research studies	
Research methodology (quantitative and qualitative)	29
Critical analysis	5
Dissertation/research paper	200
Clinical/professional studies	
Case-history taking and patient communication	6
Differential and clinical diagnosis and clinical problem solving	20
Professional ethics	8
Radiological diagnosis and clinical imaging	18
Gynaecology and obstetrics	12
Dermatology	20
Orthopaedics and trauma	6
Case-analysis studies	9
Paediatrics and osteopathic care of children	12
Applied clinical osteopathic technique	150
Professional practice management	50
Osteopathic evaluation and patient management	18
Osteopathic clinical practice	
Closely supervised osteopathic clinical practice in suitable clinical environment(s)	470